

Smart & Melanated Sisters Presents...

# Solidarity Badge Series

Ages 7-8

## “All Inclusive”

Are you ready to take a stand for what is right? Learn how to accept, include and honor those that may not always be celebrated. Identify your own unique traits as well as the unique traits of others. Be an upstander in your community and celebrate others that may be different from you in a creative way! Take part in history by helping to make the world a better place for all.

For children ages 7-8 years old. This Solidarity Badge Series can serve as starting place to begin important conversations around differences, inclusion and being an upstander. Adults should guide children through this booklet, having them complete “Phases” 1-5 to earn their “All Inclusive Solidarity Badge”.



*“Believing in your talents, your abilities and your self-worth can empower you to walk down on an even brighter path”*

*- Soledad O'Brien*

# Did You Know?



Did you know the raised Black Fist logo on the front of your badge represents **unity** and **solidarity**? A lot of people associate the raised fist with the “Black Power” movement because of how much it was incorporated with the Black Panther Party for Self Defense organization. But way before that, the symbol was used as the logo for the Industrial Workers of the World organization in 1917. The logo later became popularized during the 1936 Spanish Civil War, when it was used as a greeting. At that time it was known as the “Popular Front” salute. The logo continued to spread throughout the United States in the 1960’s during the Civil Rights Movement. Finally, we see the fist used throughout the Civil Rights Movement, mainly by the Black Panthers, where most people are familiar with it.

Now, the fist is used to unite and uplift groups that are either not celebrated like they should be or groups that have been *marginalized* and oppressed. More and more, we see the raised fist used as a symbol of respect for different movements.

So raise your fist, use your power and stand up  
in **unity** and **solidarity**!

\***marginalized**: describes a person or group of people that are treated as less important

## Who is an upstander in your community?

### *Phase 1*

Discuss and learn the word “inclusion and “upstander”.

Now, identify people from your community that demonstrate inclusion or people who can be considered upstanders. Examples include neighbors, teachers, or religious leaders.



*“You have to develop ways so that you can take up for yourself, and then you take up for someone else. And so sooner or later, you have enough courage to really stand up for the human race and say, ‘I’m a representative.’”*

*- Maya Angelou*

\***inclusion**: Being welcomed and embraced as a person that belongs

## Who is an upstander in your community?

### Phase 2

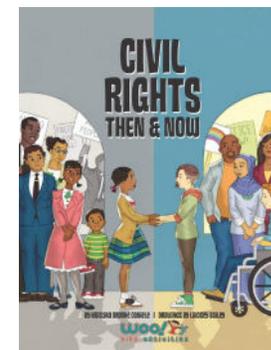
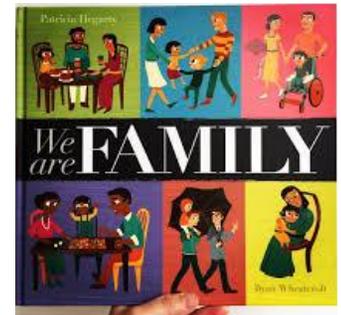
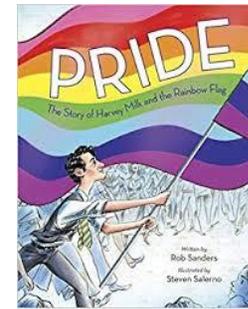
Pick **one** of the following groups/movements or a movement of **your** choice that reflects a commitment to inclusion:

- a. Black Lives Matters
- b. Women's Rights
- c. Civil Rights Movements
- d. LGBTQ+ Rights
- e. Disability Rights
- f. DREAMers Movement
- g. Voter Rights

Now, pick from the activities below to help you learn more about the movement you chose, to complete phase 2 of this series.

- Learn about the flag of your movement and color it/draw it
- Learn a song dedicated to your movement and its meaning.
- Read a story

Consider the following list of multicultural books:





*"To Make a Difference, Understand Differences."*  
— Syed Sharukh



What can you make that celebrates inclusion?

## Phase 3

Make something you can wear that celebrates inclusion. Pick from the activities below to complete phase 3 of this series.

- Make a bracelet that represents your movement
- Make bows or ribbons representing your movement
- Design a pair of socks that represents your movement



# Design Your Own Sock



## What can you make to teach others?

### Phase 4

Make something you can share to teach others. Pick from the activities below to complete phase 4 of this series.

- ❑ **Have an adult record you and your friends/classmates singing the song you learned** in phase 2. Be sure to include facts you learned about your movement. Then brainstorm a list of places in your community where you can show your video. When you share your video, be sure to explain what you learned about from the song.
- ❑ **Color, decorate, or paint something that celebrates inclusion. This can be a poster, sign, or flag** that can be displayed in your home, school, classroom, or to be used out in the community. IF you choose to represent the movement you chose in step 2, use the colors that represent it. Then brainstorm a list of places in your community where you can showcase your work.



*"We're all under the same sky  
and walk the same earth; we're  
alive together during the same  
moment."*

*-Maxine Hong Kingston*

How can you share what you've learned with others?

## *Phase 5*

### Share what you've created to teach others

- ❑ Have multiple family members or an adult **take a picture of what you have created** to post on social media using the hashtag of the movement you have chosen. Be sure to share with them what you've learned and why it is important before it is shared.
- ❑ **Share your art with the community.** Gather friends, family, or people in your community to view your art. Be sure to tell them all about what your art represents and why it is important.