

Smart & Melanated Sisters Presents...

Solidarity Badge Series

Ages 5-6

“Better Together”



Are you ready to take a stand for what is right? Learn how to accept, include and honor those that may not always be celebrated. Identify your own unique traits as well as the unique traits of your friends & classmates. Be an upstander in your community and celebrate others that may be different from you in a creative way! Do your part by helping to make the world a better place for all.

“Alone we can do so little; together we can do so much.”
-Helen Keller

For children ages 5-6 years old. This Solidarity Badge Series can serve as starting place to begin important conversations around differences, inclusion and being an upstander. Adults should guide children through this booklet, having them complete Phases 1-3 to earn their “Better Together Solidarity Badge”.



What Makes You Unique?

Phase 1

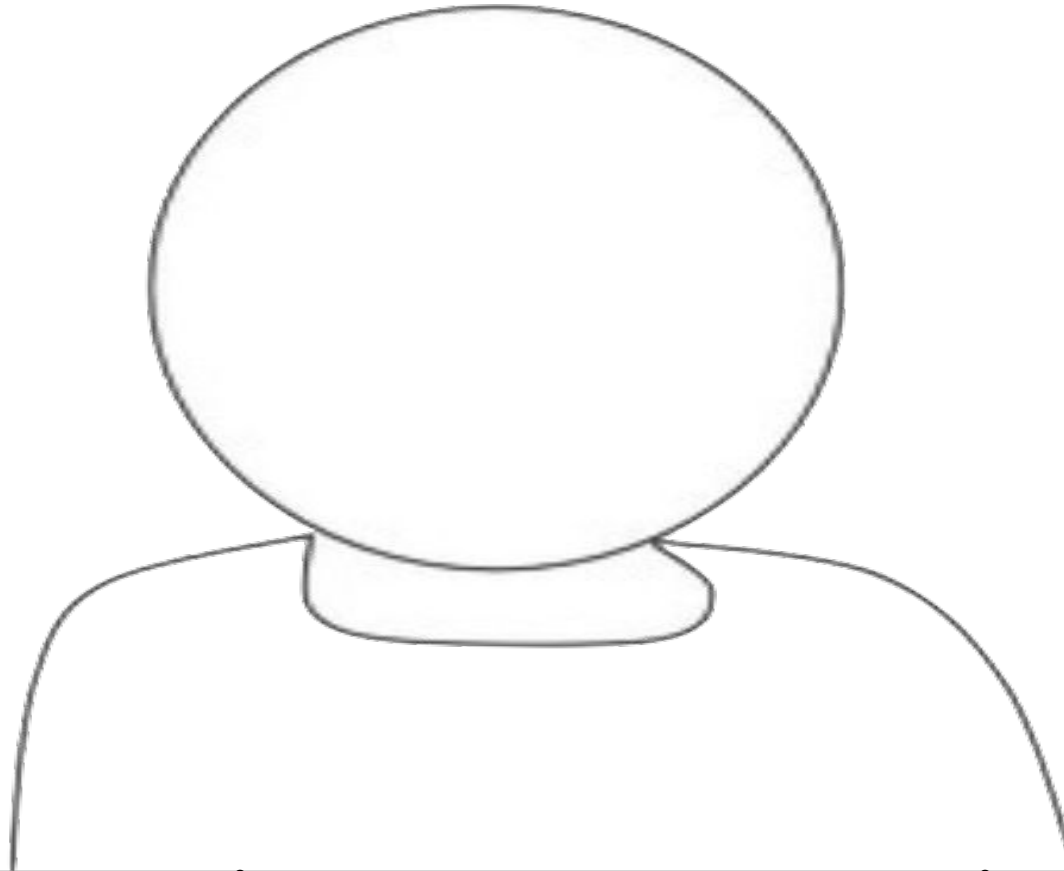
Identify unique traits about yourself and others. Pick from the activities below to complete phase 1 of this series.

- ❑ **Draw a self portrait and identify unique traits about yourself.** After they are done, hang them up and celebrate the unique traits of all of your friends by doing a gallery walk. Give each other at least one compliment. Discuss and learn the word “inclusion” with an adult and friends/classmates.

- ❑ **Look through various multicultural books and describe the characters.** Think about how you can relate to the characters and how the characters are different from you. Discuss and learn the word “inclusion” with an adult and friends/classmates.

***inclusion:** Being welcomed and embraced as a person that belongs

Self Portrait



Use this template to draw a self portrait.



What is an Upstander?

Phase 2

- ❑ Learn about what it means to be an “upstander”. Discuss scenarios in which one can be an upstander, demonstrate inclusion in their everyday life and why this is important.

How Can You Celebrate Inclusion?

Phase 3

- ❑ Make something that celebrates inclusion (bracelet, flag, drawing, etc.). If you choose a particular movement, use the colors that represent it. Get creative! Share your artwork with others and explain what you’ve learned.

Be sure to share why it is important!



Did You Know?



Did you know the raised Black Fist logo on the front of your badge represents **unity** and **solidarity**? A lot of people associate the raised fist with the “Black Power” movement because of how much it was incorporated with the Black Panther Party for Self Defense organization. But way before that, the symbol was used as the logo for the Industrial Workers of the World organization in 1917. The logo later became popularized during the 1936 Spanish Civil War, when it was used as a greeting. At that time it was known as the “Popular Front” salute. The logo continued to spread throughout the United States in the 1960’s during the Civil Rights Movement. Finally, we see the fist used throughout the Civil Rights Movement, mainly by the Black Panthers, where most people are familiar with it.

Now, the fist is used to unite and uplift groups that are either not celebrated like they should be or groups that have been *marginalized* and oppressed. More and more, we see the raised fist used as a symbol of respect for different movements.

So raise your fist, use your power and stand up
in **unity** and **solidarity**!

***marginalized**: describes a person or group of people that are treated as less important