

12 Great Things To Do With Balloons

Balloon Pop Relay

Form two lines each girl gets one balloon, put between knees and race to a basket at the finish line and they had to pop it by sitting on it, then they raced back, and the next girl and line continued doing the same, as each girl returned to her line she went to the back and set down that way we knew which team was first done. Hint if you do this with the younger scouts you may have to give them something to pop it (example plastic fork) we had girls that were to light and all they did was pounce on it, cute photo op. First team that has popped all there balloons wins.

Balloon Balance Blow up

You will need about 10-15 balloons and place them on the floor. Each girl has 2 minutes (use a timer) to pick up and hold as many balloons as possible. They must pick up the balloons all by themselves without help, put them in their clothes, between their legs, under their arms, between their teeth, etc. Each girl takes a turn while the others watch and laugh themselves silly! The guest who holds the most balloons when their time is up is the winner.

Balloon Pop

We placed notes inside all the balloons, we found out the more the better, we put winner on some of the notes and others were just blank. We allowed the girls to pop as many as they could until they were all popped. Girls collected all the notes and prizes given to winners.

Round Up the Sheep

We formed two teams; we used two brooms, white balloons(white sheeps), and black balloons (black sheep) we always had a few extra for breakages. We set up orange cones they had to maneuver around, they had to get there sheep to the corner into a pen, two chairs laying down to represent it. The girls in each line has one sheep of their color, each girl in the line takes the broom and a sheep and runs the course, returns to line with broom and hands to next girl and this continues until all girls have had a turn, first line done first wins.

Balloon Knee Relay Race

We formed two teams facing forward , we had the girl in the front of line to place a balloon between her knees, start of game first girl turned around to pass to the next girl. The idea is to pass the balloon from girl to girl just by using their knees (no hands) If the balloon fell to ground the team had to start over again. First team done wins.

Balloon Stomp

We gave each girl a balloon and piece of yarn 18in. long and they tied it around her ankle. We informed the girls the idea of this game is to protect your balloon but pop everyone else's. last girl with a un-popped balloon wins. Suggestion ...have boundary's and as contestants get smaller make boundary's smaller.

Balloon - Do What I Say

We blew up balloons and put messages in each one, examples: like sing a song, do jumping jacks, do a dance, and we did questions like when is Juliette low's birthday, do anything your choice etc. We formed a circle and each girl grabs a balloon and one by one goes into middle pops it and follow instruction on note. No winner just a fun activity.

Balloons in the Pants

We had girls help blow up lots of balloons and we placed in middle of floor, we formed teams of 5. We gave the groups each a XL sweat shirt. The game was who can stuff the most balloons in their

clothes .The 5 girls picked one person to be the one they would stuff and the other 4 stuffed her. The winning group was the one with the most stuffed in her clothing.

Balloon electricity

We formed teams and each of the girls blew up a balloon then on GO they rubbed on their hair or clothing to cause static electricity the team stuck the balloons on wall the team with the most stuck on wall wins. They had about 10 min. to complete.

Balloon Juggle

We have done this several ways:

1. Each girl got a balloon and needed to juggle to keep in air. After a minute we changed by adding restrictions to juggle. Example: left hand only, no hands, only use elbows, head only etc. if there balloon hit the floor they were out last one standing wins
2. We formed teams of two and gave them each 3 balloons they had to keep in the air for one minute. We had two teams face off at a time We had several team so as teams were eliminated we had play off's. Last team to manage to keep their balloons in air wins.

Water volleyball balloon game

We played this game at our summer day camp. We gave both sides bed sheets and we filled several water balloon the more the better. The girls formed teams enough to cover each side of the sheet. The girls had to work together to fling the balloon out of the sheet to get it to the other teams sheet. The other team will try to catch and then throw the balloon back to the other side. We scored based on water balloons broken per side

VARIATION IDEAS: Water balloons or with the large groups use large balloons more water explosions... You can also play this game with beach towels 2 to a team. We didn't use a net but a net could be used.

Balloon Bash

Everyone is given a balloon, Identify each girl by writing their initials on the balloon with a felt tip pen. When the game begins all the balloons are thrown into the air. The aim is to keep your own balloon in the air by batting or hitting it with your hand, while at the same time attempting to knock other player's balloons to the ground. When a player's balloon touches the floor they are out. Last balloon floating wins!